



STEP BY STEP: ANGELA'S YEAR OF ADVENTURE WITH THE ARAMEX KIWI WALK & RUN SERIES

From Tauranga to Tūrangi and everywhere in between, Angela Durham and friend, Liz Reed, set out to complete all nine events in the 2025 Aramex Kiwi Walk & Run Series, and they're doing just that, one epic trail at a time.

When Angela first saw the series, she felt a spark. *"I love the outdoors, but heading out on my own can feel a bit daunting,"* she says. *"This looked fun, relaxed, and welcoming, not too competitive, but still a great challenge."*

That was all it took. She committed to the full season and signed up for all nine events in one go. "It gave me something to look forward to all year, mini-breaks around the country, a reason to pause from the busyness of life and appreciate where we live."

Angela wasn't going it alone either. Her friend Liz joined her at the start line. They planned to walk the full series together, exploring new places and pushing themselves along the way. But at their very first event in Tūrangi, Liz had a tough fall and broke her hand. *"The organisers were incredible,*

locating us and helping her straight away," Angela recalls. You'd think that would be game over, but not for Liz. She kept turning up. When she couldn't walk, she volunteered instead, and she's still showing up now and giving back to our community, even while recovering from knee surgery.



From the coastal views at Maraetai to the native beauty of Pauanui and the stairs of McLaren Falls (*"definitely earned the post-walk treats!"*), every trail has delivered something special.

Angela's favourite part? The variety, the organisation, and the confidence it's given her to explore more trails back home.

"I've surprised myself," she says. "I'm not a runner, but now I can actually jog a little. The series really does cater for all levels, and being surrounded by others on the same journey has been so motivating."

With just a few events to go, Angela is already eyeing up the 2026 season. *"I hear there might be new trails, which is exciting. I'll definitely be back and already planning next year's mini-breaks!"*

Her message to first-timers?

"Don't worry about your speed. Just show up and give it a go. It's all about finishing in style."

Why We Love Stories Like This

Angela and Liz remind us what the Kiwi Walk & Run Series is all about. It's not just about steps or distance. It's about showing up, sticking together, and creating space to do something for yourself. Whether you're walking every trail or cheering from the sidelines, there's a place for everyone here.

